



Enhancing Couples

Hahlweg, Kurt, Grawe-Gerber, Mariann, Baucom, Donald H.

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How to disseminate effective, evidence-based interventions for couple therapy more widely.

The field of couple therapy and prevention has made great strides over the past decades, and innovations continue as researchers, trainers, and clinicians employ recent findings to benefit couples and families. The most important questions now are: Are we ready to disseminate our effective interventions to the public and how do we do this?

In this volume, reputable and internationally known researchers and clinicians describe the steps necessary to disseminate a public health model of couple therapy and prevention, including knowledge of risk and protective factors, ready to use resources (treatment manuals, psycho-educational materials), and effective training and supervision programs, and continuous quality control measures to monitor implementation.

This volume is packed with information and recommendations, of use for researchers, therapists, students, and policy makers in improving dissemination of our evidence-based interventions, for the benefit of couples and families.

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