



Contemplative Literature: A Comparative Sourcebook on Meditation and Contemplative Prayer

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An anthology of primary texts on meditation and contemplative prayer from a wide range of religious traditions.

This is the first theoretically informed and historically accurate comparative anthology of primary texts on meditation and contemplative prayer. Written by international experts on the respective texts and corresponding traditions, *Contemplative Literature* provides introductions to and primary sources on contemplative practice from various religious traditions. The contributors explore classical Daoist apophatic meditation, Quaker silent prayer, Jewish Kabbalah, Southern Buddhist meditation, Sufi contemplation, Eastern Orthodox prayer, Pure Land Buddhist visualization, Hindu classical Yoga, Dominican Catholic prayer, Daoist internal alchemy, and modern therapeutic meditation. Each introduction to a contemplative text discusses its historical context, the associated religious tradition and literature, the method of contemplative practice, and the text's legacy and influence. Volume editor Louis Komjathy opens the work with a thoughtful consideration of interpretive issues in the emerging interdisciplinary field of contemplative studies. Readers will gain not only a nuanced understanding of important works of contemplative literature, but also resources for understanding contemplative practice and contemplative experience from a comparative and cross-cultural perspective.

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