



# Running Away: A Memoir

*Robert Andrew Powell*

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## **Running Away: A Memoir** Robert Andrew Powell

When journalist Robert Andrew Powell finished his first marathon, he cried, cradled in his father's arms. Long-distance runners understand where those tears come from, even if there are others who will never grasp what drives someone to run 26.2 consecutive miles in a grueling mental and physical test. Powell's emotional reaction to completing the race wasn't just about the run, though. It was also about the joy and relief of coming back up after hitting rock bottom.

*Running Away* is the story of how one decision can alter the course of a life. Knocked down by a divorce and inspired by his father, Powell decided to change his mindset and circumstances. He moved to Boulder and began running in earnest for the first time in his life. Over the 26.2 chapters that follow, Powell grapples with his past, gaining insight and hard-won discipline that give him hope for the future.

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Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their free time with their family, or their own friends. Usually they performing activity like watching television, gonna beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? May be reading a book may be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to consider look for book, may be the guide untitled Running Away: A Memoir can be great book to read. May be it might be best activity to you.

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The reason? Because this Running Away: A Memoir is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will shock you with the secret this inside. Reading this book alongside it was fantastic author who write the book in such awesome way makes the content inside of easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you for not hesitating having this any more or you going to regret it. This amazing book will give you a lot of benefits than the other book include such as help improving your talent and your critical thinking means. So , still want to postpone having that book? If I have been you I will go to the reserve store hurriedly.

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