

Don't Put That in There!: And 69 Other Sex Myths Debunked

Aaron E. Carroll, Rachel C. Vreeman



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People have more access to medical information than ever before with an abundance of printed and online resources, and yet we still believe "facts" about our bodies and sexuality that are just plain wrong. *Don't Put That in There!* takes on these myths and misconceptions, and exposes the truth behind some of those weird and worrisome things we think about our bodies, such as:

- •The average penis size is seven inches
- •Squeezing breasts is all fun and games
- •You shouldn't have sex before the big game
- •Anal sex will give you cancer
- •Two condoms are better protection than one
- •Pubic hair doesn't turn gray
- •Sex can give you a heart attack
- •Only men have wet dreams
- •You can't break your penis
- •You can run out of sperm

With the perfect blend of authoritative research and a breezy, accessible tone, *Don't Put That in There!* is full of enlightening, practical, and quirky facts that will debunk some of the most perennial misconceptions we believe about sex and sexuality.

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