



Live Today Well

Fr. Thomas Dailey

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Living the Christian life requires a strategy. Most of us won't get to heaven through heroic feats of sanctity, but by learning to live the devout life through our everyday activities.

St. Francis de Sales has developed for you a spiritual plan of action a plan that will help you acquire holiness despite the many responsibilities and mundane realities that take up all your time and effort.

In these pages, Fr. Thomas Dailey an Oblate of St. Francis de Sales gently guides you through St. Francis de Sales's spiritual plan, showing how you can balance time devoted to God with the time needed to complete your many tasks each day. You'll learn St. Francis de Sales's technique of daily prayer and grace-filled awareness that will transform your life one day at a time no matter how busy your lifestyle.

From making a spiritual retreat during the day to fending off the many temptations you face, *Live Today Well* will help you commune with God throughout your day. And by practicing the little virtues you learn here, you'll soon find yourself moving toward the heavenly heights as you become the saint you are called by God to be.

You'll also learn:

The two critical elements of any good confession

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James Babb: Playing with family inside a park, coming to see the ocean world or hanging out with good friends is thing that usually you may have done when you have spare time, in that case why you don't try point that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Live Today Well, you could enjoy both. It is fine combination right, you still wish to miss it? What kind of hangout type is it? Oh seriously its mind hangout men. What? Still don't buy it, oh come on its referred to as reading friends.

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