



# Speaking the Truth in Love: How To Be an Assertive Christian

*Ruth N. Koch, Kenneth C. Haugk*

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Jesus lived assertively. Jesus' disciples (that is all of us) need to live assertively, too. SPEAKING THE TRUTH IN LOVE invites you to experience the freedom and joy of Christian assertiveness. You will discover how a scriptural understanding of assertive living builds healthy relationships with others, in groups, and in congregations. This deeply spiritual and extremely practical book makes clear: \*\*what assertiveness is; \*\*the biblical foundation for assertiveness; \*\*how to make, refuse, and negotiate requests; \*\*how to express and receive compliments; plus, \*\*fourteen other essential topics. SPEAKING THE TRUTH IN LOVE will also show you how to handle anger, criticism, and other tough relational issues. You will learn practical ways to relate to others with greater honesty, compassion, and respect.

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