

Parenting: The Sex Talk- Raising Kids and Teens with the Right Information about Sex and Love (Sex Education, Reproduction, sexually transmitted diseases, ... Raising Teens, Raising Kids Book 1)

Sandra Williams, Sex Education

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Parenting- The Sex Talk

TAKE THE AWKWARD OUT OF "THE TALK"

The questions are beginning to come up from your child. It's inconvenient. It's awkward. It's uncomfortable. You know the ones — "What is that?" "How are babies born?" "What is sex?" The "birds and the bees" talk may often be made a joke on television shows, but the knowledge that children need isn't a joke.

Sex is an important part of being human. Sex involves more than the physical act of intercourse with another person: it affects how we feel about ourselves and impacts important choices we make. And when the task is at hand to help your children understand, just the idea of that conversation can be overwhelming if you don't understand their questions, they'll go looking for the answers wherever they can – and often in all the wrong places.

Learning about sexuality is a normal part of child development. Answering your child's questions in an honest, age-appropriate way is the best strategy. The pamphlet "Parenting- The Sex Talk" will help you begin. This book contains proven steps and strategies on how to deliver "The Talk" to your teen and help them make informed decisions and opinions about sex and sexuality.

Many children have grown up ashamed in their own sexuality, you have the chance to stop a vicious cycle.

By making sure that they know what sex and sexuality is, you will be able to help them prepare for the time when people around them talk about these topics. This book will help you with what language and topics to focus on, whether you are trying to give "the talk" to your teen or you child. This will help make sure that they understand how to protect themselves and their future. Pretending that these issues don't exist is like sending your child out to the sea without teaching them to swim. Perhaps they'll learn on their own, but it's only increasing the chance that they drown. After all, research says that teens can be more sexually active

than their parents may think, and by the time teens hit their 19th birthday, seven out of ten of them had already participated in sexual acts. Make sure that whatever your child chooses, they understand exactly what they are doing and where they can get help.

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to begin reading Parenting- The Sex Talk and Start protecting your child! Don't delay. The stakes are too high on this one!



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