



More-With-Less Cookbook (World Community Cookbook)

LONGACRE DORIS

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While including no new recipes, this most recent printing is refreshed with a new introduction and detailed statistics including updated nutritional and pricing information for a new generation.

This is a new edition of Herald Press's all-time best-selling cookbook, helping thousands of families establish a climate of joy and concern for others at mealtime.

The late author's introductory chapters have been edited and revised for today's cooks. Statistics and nutritional information have been updated to reflect current American and Canadian eating habits, health issues, and diet guidelines. The new U.S. food chart My Plate was slipped in at the last minute and placed alongside Canada's Food Guide.

But the message has changed little from the one that Doris Janzen Longacre promoted in 1976, when the first edition of this cookbook was released. In many ways she was ahead of her time in advocating for people to eat more whole grains and more vegetables and fruits, with less meat, saturated fat, and sugars.

This book is part of the World Community Cookbook series that is published in cooperation with Mennonite Central Committee, a worldwide ministry of relief, development, and peace.

Mennonites are widely recognized as good cooks. But Mennonites are also a people who care about the world's hungry.

—Doris Janzen Longacre

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Anita Rhodes:

Reading a guide can be one of a lot of activity that everyone in the world loves. Do you like reading books therefore. There are a lot of reasons why people like it. First reading a reserve will give you a lot of new facts. When you read an e-book you will get new information since a book is one of various ways to share the information or their idea. Second, looking at a book will make an individual more imaginative. When you are reading through a book especially a tale fantasy book the author will bring that you imagine the story how the characters do it anything. Third, you may share your knowledge to some others. When you read this More-With-Less Cookbook (World Community Cookbook), you could tell your family, friends in addition to soon about your book. Your knowledge can inspire the others, make them reading a guide.

Emery Flores:

A lot of people always spent their own free time to vacation or even go to the outside with their friends and family or their friend. Do you know? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity this is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book that you read you can spend 24 hours a day to reading a publication. The book More-With-Less Cookbook (World Community Cookbook) it is rather good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. Should you did not have enough space to develop this book you can buy the actual e-book. You can more simply to read this book from your smart phone. The price is not too expensive but this book has high quality.

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