

### **CBT for Schizophrenia: Evidence-Based Interventions and Future Directions**



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# **CBT for Schizophrenia: Evidence-Based Interventions and Future Directions**

#### **CBT** for Schizophrenia: Evidence-Based Interventions and Future Directions

Informed by the latest clinical research, this is the first book to assemble a range of evidence-based protocols for treating the varied presentations associated with schizophrenia through Cognitive Behavioural Therapy

- Deals with a wide range of discrete presentations associated with schizophrenia, such as command hallucinations, violent behaviour or co-morbid post-traumatic stress disorder
- Covers work by the world's leading clinical researchers in this field
- Includes illustrative case material in each chapter

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