



# **Growth & Development Handbook: Newborn Through Adolescent**

*Barbara L Mandleco*

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# Growth & Development Handbook: Newborn Through Adolescent

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## **Growth & Development Handbook: Newborn Through Adolescent** Barbara L Mandleco

Delmar's Growth and Development Handbook: Newborn through Adolescence is a text for undergraduate nursing students and nurses that approaches human development from a holistic and family-centered perspective. It provides a learner oriented approach to understanding and retaining growth and developmental information required to become a safe and caring practitioner while interacting with families and pediatric patients from the newborn period to adolescence. The handbook presents a succinct summary of human development for the student and practitioner that is easy to use and/or refer to on clinical units. The text can also be used as a supplemental item complementing the students' textbook or as a clinical reference for growth and development content. Practicing nurses may find the text useful as a clinical reference for key information about the development and assessment of their pediatric clients since normal developmental milestones, health, health promotion, and anticipatory guidance are stressed throughout.

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