



Daoism: A Beginner's Guide (Beginner's Guides)

James Miller

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Spanning the centuries and crossing the globe, this engaging introduction covers everything Daoist, from the religion of the ancients to 21st century T'ai Chi and meditation. Complete with a timeline of Daoist history and a full glossary, Daoism: A Beginner's Guide will prove invaluable not only to students, but also to general readers who wish to learn more about Daoism's role and relevance in our fast-moving 21st century existence. James Miller is Assistant Professor of East Asian Traditions at Queen's University, Kingston, Canada.

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