



# Sacred Reading: The 2016 Guide to Daily Prayer

*Apostleship of Prayer, Douglas Leonard*

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This powerful new prayer book from the Apostleship of Prayer, the "pope's prayer group," engages and inspires readers with the daily scripture readings and introduces Catholics and other Christians to the traditional spiritual devotion known as the lectio divina, or "sacred reading," in a new way.

Lectio divina is a traditional prayer practice that has been growing in popularity. Inspired by the traditions of Ignatian spirituality, the Sacred Reading series by the Apostleship of Prayer--an international Jesuit prayer ministry--is a unique guide to the use of lectio divina through a simple, six-step process that provides a prayerful and imaginative exploration of the daily Gospel readings and helps readers look for application in their own lives.

Beginning with Advent and continuing through the year, including solemnities and select feast days, *Sacred Reading* is a practical resource for anyone who is interested in a deeper prayer life or seeking a new approach to praying and living the scriptures. The book is a catalyst for an intimate encounter with Christ by reading, reflecting, praying, and responding to the Word of God in a way that is both familiar and fresh.

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