



## Blessed Are the Stressed

*Mary Lea Hill FSP*

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# Blessed Are the Stressed

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## **Blessed Are the Stressed** Mary Lea Hill FSP

Blessed Are the Stressed can help you find the opportunities for deeper happiness that lurk all around you. Best-selling author Sr. Mary Lea Hill helps you delve deeper into the beatitudes, our special passageways to joy, and unlocks their secrets for a happy life. You will find yourself smiling, if not laughing out loud, at her unique insights into the would-be blessings hidden in the ups and downs of everyday life.

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