

My Amazing Day: A Celebration of Wonder and Gratitude

Karin Fisher-Golton



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Every day is amazing!

The ordinary world is extraordinary when seen through little one's eyes. *My Amazing Day* is a remarkable everyday journey that ends with a happy burst of gratitude.

People have long experienced that expressing gratitude brings them happiness. Now scientific studies show that expressing gratitude leads to many health benefits as well.

Sharing *My Amazing Day* can be a joyful way to help establish habits of gratitude with the youngest people in your life.

With radiant, engaging photography, *My Amazing Day* follows a young child's day. Simple yet powerful words illuminate the joy to be found in everyday activities. The book ends with a meaningful, age-appropriate expression of gratitude, and a fun opportunity to connect each "thank you!" with its related activity earlier in the book.

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From reader reviews:

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Leroy Mallett:

People live in this new day time of lifestyle always try to and must have the free time or they will get wide range of stress from both everyday life and work. So , when we ask do people have extra time, we will say absolutely of course. People is human not a robot. Then we inquire again, what kind of activity do you possess when the spare time coming to you actually of course your answer will probably unlimited right. Then do you ever try this one, reading books. It can be your alternative in spending your spare time, the book you have read is actually My Amazing Day: A Celebration of Wonder and Gratitude.

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