



Freedom from Jealousy: Guide to Overcoming Self-Esteem and Trust Issues in Relationship (Marriage and Relationship Advice)

Carrie Bishop

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Jealousy is a most human of emotions. Certainly you have experienced some degree of jealousy or envy yourself, and watched as jealousy has driven some of the worst behavior in your friends and loved ones.

In this e-book we'll look at this feeling of jealousy and how to get free of it.

You will learn:

- To understand what makes people jealous
- A few lessons from Shakespeare, who was the master of seeing the drama and comedy involved in jealousy
- How your mind is not really your ally when you are trying to get free of jealousy, and what to do about that
- The difference between controlling the relationship and being in charge of it
- How to use a feeling of jealousy, turn it upside down and experience real growth

Don't let this green-eyed monster run your life or ruin your happiness. Use it for your personal growth instead! Download this book now and return to happiness in all your relationships – and within your own Self.

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