



What to do When You Can't Decide: Useful Tools for Finding the Answers Within

Meg Lundstrom

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What to do When You Can't Decide: Useful Tools for Finding the Answers Within Meg Lundstrom

You're at a fork in the road. Now what? It may surprise you, but according to Meg Lundstrom, you already have the answer, if you just know how to tap your inner-guidance system. With *What to Do When You Can't Decide*, she teaches us three effective divining tools for accessing our innate wisdom:<?xml:namespace prefix = "o" ns = "urn:schemas-microsoft-com:office:office" />

- "Pendling," a method that uses a handheld instrument
- "The Chits," an easy pen-and-paper technique
- "Muscle testing," an on-the-spot technique that allows your fingers to "do the talking"

Bypassing the conscious mind to access your deeper subconscious intelligence, these techniques can help you make reliable decisions, end second-guessing, and enhance the flow in your life. Includes practical exercises, a troubleshooting guide, and advanced techniques for deciding what to do in any situation.

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