



# Ignore Him And Get Him To Chase You: The No Contact Rule (Make Him Beg For Your Attention)

*Lucina Graham*

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**This book contains proven steps and strategies on how to manipulate the physic of a man to the extent that he feels incomplete without you.**

Breaking up and making up are both parts of a relationship that you should be able to deal with in case you plan on getting yourself in one. When you break up with your partner, it is wise to acknowledge what has happened. Give the person doing the breaking up some time to cool off –this can also be called the no contact rule. **The No Contact Rule** is used by partners who hope to get their loved ones back by making them miss them and hoping that the silence will create some sense of urge for the ex to reach out. It is a big gamble especially for a lover whom you really care about since they might mistake the silence for acceptance of the breakup and decided to move on with their lives. As a victim of a breakup, the book contains solutions such as the things that you are supposed to do and those that you are supposed to avoid, these are there to steer you in the right direction when you apply the No Contact Rule. Download this book now to find out how to apply the **No Contact Rule** and make him beg for your attention.

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