



# **The Palliative Care Handbook: Guidelines for clinical management and symptom control**

*Rod MacLeod, Jane Vella-Brincat, Sandy Macleod*

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This first Australian edition of The Palliative Care Handbook provides guidelines for clinical management and symptom control for people receiving end-of-life care.

The Palliative Care Handbook was first produced as pocket book in England in 1994, has had several editions in New Zealand and is now in its seventh edition, the first to be published in Australia, by HammondCare Media (formerly HammondPress).

Praised for making the complex simple - The Palliative Care Handbook is written by Professor Rod MacLeod - Senior Staff Specialist in Palliative Care with HammondCare; Associate Professor Sandy Macleod - Palliative Medicine Specialist with Christchurch Hospital; and Jane Vella-Brincat - Clinical Pharmacist, Christchurch Hospital.

Highly useful resource

The Palliative Care Handbook has two main sections - the first is a set of guidelines for the alleviation of symptoms commonly encountered in palliative care, including drug therapy and psycho-social and spiritual needs. The second section (the pharmacopoeia) contains detailed drug information.

A highly useful resource of health professionals, The Palliative Care Handbook is also suitable for community support workers and patients and families who seek to have a better understanding of symptom and treatments.

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