



El Monstruo de la Comodidad (Superación personal) (Spanish Edition)

Alejandra Diener

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Desde tiempos ancestrales, todos los seres humanos aspiran a la felicidad y a tener una plena realización personal, familiar y social. También es cierto que muchos la han buscado por caminos equivocados: el placer sin límites ("aquí y ahora y a costa de lo que sea"), el engañoso bienestar que producen el alcohol y las drogas, las depravaciones sexuales, la búsqueda obsesiva del egocentrismo, la compulsiva adquisición de bienes materiales...

Alejandra Diener utiliza la original imagen de lo que ocurre en una fastuosa fiesta y el resultado es bastante didáctico. Con pluma certera nos presenta una vista panorámica de la realidad del materialismo hedonista que impera en ciertos sectores de la sociedad actual. Con un análisis agudo y penetrante, la autora analiza la crisis de valores que conduce a la vacuidad, a la pérdida del sentido de la vida y, en algunos casos, a la neurosis o enfermedades psíquicas.

Expone con crudeza que en muchos casos se niega al primigenio derecho a vivir de los no nacidos, se pretende destruir de modo frontal a la familia y vetar a Dios y a la moral de la vida ciudadana. Su narración nos conduce a pensar en estas cuestiones torales: ¿por qué tanto la mujer como el hombre necesitan distinguir el bien del mal?, ¿por qué deben amar la verdad, la bondad, la belleza y los auténticos valores?, ¿dónde se encuentra la clave para que los seres humanos alcancen su verdadera superación personal y trascendente?, ¿o es que acaso el género humano está irremediabilmente condenado a comportarse como una bestia? La escritora nos ofrece en *El Monstruo de la Comodidad* respuestas juiciosas que, sin duda, harán reflexionar a los lectores, el cual es producto de muchos años de investigación y de su activa participación en foros internacionales.

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