



BDSM: How to Take Your First Steps Into BDSM (Sex, BDSM)

Scarlett Dalton

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BDSM - How to Take Your First Steps Into BDSM

Sex itself is the silent cornerstone of human civilization. It is what leads to all things, life, pleasure, even hate and rage. It is that one topic that no matter how modern we have become, is still considered taboo, and yet at the same time it is also the one topic that we need to know most about.

First used as a term in the late 1960s, BDSM has come to be prevalent in daily pop culture. Madonna's Express Yourself video from 1989 depicts her in leather outfits, crawling on all four towards a saucer of milk. Other snippets of that video include a leash and collar and riding crops. The punks of the late 70s wore bondage belts to complement their spiked hair. Bettie Page shocked her 1950s audiences with her riding crop and rope restraints. And even now the sexual concept of master and slave finds its way to the movie theaters. It's no wonder that the curiosity for the lifestyle is present. It's tantalizing, it's bold, it's passionate, but it's also real. And with that reality comes the details that the movies leave out. It's important to educate yourself on the lifestyle before engaging down the path and finding your first sexual partner. Or maybe you just want to know if spanking is for you?

In club nights in Hollywood where female dominatrixes stalk the barroom floors and chains can be heard rattling against the brick walls or in shop displays in Berlin where mannequins sport bit gags and latex saddles or in the Seattle punk scene where girlfriends were sometimes carried around on leashes BDSM is not only vibrant in the bedroom.

The aim of this book is to help you take your first steps into BDSM. It will explore what BDSM is, the various roles attached to it, how to choose a partner, which role is best for you, how to practice BDSM safely and how to avoid the common pitfalls for most people just getting into it.

I hope this book helps to open your eyes to new possibilities and how you can enjoy the marvelously mischievous world of BDSM.

Here's A Preview Of What You'll Find Inside

- What is BDSM
- Basic Roles
- Choosing a Partner
- Protocols, Clothing and Equipment
- How to Become a Dom
- How to Become a Sub

- Submission
- Safe BDSM
- 7 Common BDSM Mistakes and How to Avoid Them
- And much more!

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Frances Stone:

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